INSTRUCTIONS FOR COLLECTING THE STOOL SAMPLE FOR THE DETECTION OF OCCULT BLOOD

1. At the pharmacy you were given a kit consisting of of a test tube and a plastic bag.

Check that your test tube is NOT expired! The date is written under the image of the clepsydra.

If the test tube has expired, do not use it and ask for another one at the pharmacy.

- You must first collect a poo(stool/feces) sample
 in a clean and dry container (e.g. plastic plate).
 Open the tube being careful not to spill the
 contained liquid.
- 3. Introduce the stick into various parts of the sample of feces (3-4 places are enough).

It is enough for the stick to get "dirty" with fecal material.

- 4. reinsert the stick into the tube, taking care not to soil the outside.
- 5. close the test tube by applying light pressure on the cap.

Check that the tube is tightly closed.

6. place the test tube in the appropriate bag and store it in the refrigerator until it is returned, which must take place WITHIN 48 HOURS of stool collection.

WE REMIND YOU THAT:

- it is not necessary to follow a special diet before stool collection.
- stool collection should not be performed during the menstrual period.
- in case of visible bleeding from the colon, consult your doctor before performing the examination.
- for more information contact the Screening Center at the contact information listed on the invitation letter.